



# Jen Moff

Vice President of L&D

## AREAS OF EXPERTISE

- Communication
- Emotional Intelligence
- Wellness

## ●●● TRAINING BIO

Meet Jen Moff, our seasoned VP of Learning and Development, boasting a 13-year career spanning diverse industries: hospitality, mobility, telecommunications, retail, technology, media, and entertainment.

Jen's expertise shines through her training sessions across North America, from airports to NFL stadiums. A former actor, improv artist, and top 40s radio station morning drive disc jockey, she infuses her training with boundless energy and innovative approaches.

Jen excels at simplifying complex concepts into relatable experiences, focusing on wellness, business, and women's issues. Beyond her role, she's an entrepreneur, owning a women's retreat company, and is passionate about shaping the learning and development landscape.



Jen did a great job making the conversations more lively, keeping the class moving, and fun. Finally, someone who could catch the attention of a tough crowd.

